

VESSEL ROUTINE OPERATIONS

BASIC RISK ASSESSMENT GUIDE FOR ALL PERSONNEL

This guide covers the main hazards you will face during day-to-day life on board. **Read it. Know it. Follow it.**

If you are unsure about anything, **ask your Team Leader.**

#	HAZARD	WHAT CAN HAPPEN	WHAT YOU DO
1	Slips, trips, and falls	Wet decks, loose gear, poor lighting. Broken bones, head injury, fall overboard.	<ul style="list-style-type: none"> ✓ Non-slip footwear at all times ✓ Keep walkways and corridors clear ✓ Report spills, trip hazards, and broken lighting
2	Man overboard	You fall off the deck during routine movement. Drowning, hypothermia.	<ul style="list-style-type: none"> ✓ Know the MOB alarm and what to do ✓ Lifebuoys are at key deck locations – know where ✓ Lifejackets on during transits and rough weather
3	Fire onboard	Electrical fault, cooking, smoking. Burns, smoke inhalation, trapped below decks.	<ul style="list-style-type: none"> ✓ Smoke only in designated areas ✓ Know your fire escape route from day one ✓ Fire extinguisher locations – learn them on arrival
4	Manual handling	Lifting heavy kit, stores, equipment. Back strain, crushed fingers.	<ul style="list-style-type: none"> ✓ Lift properly – bend your knees, not your back ✓ Two-person lift for anything heavy ✓ Use a trolley where available
5	Galley – burns and scalds	Hot surfaces, boiling water, hot oil. Burns and scalds.	<ul style="list-style-type: none"> ✓ Oven gloves when handling hot items ✓ Report faulty equipment immediately ✓ Keep the galley clean and tidy
6	Galley – knife injuries	Improper handling or storage of knives. Deep cuts, severed tendons.	<ul style="list-style-type: none"> ✓ Store knives securely when not in use ✓ Cut away from your body ✓ Report dull or damaged knives
7	Falling objects	Unsecured gear falls during rough seas. Head injury, crush injury.	<ul style="list-style-type: none"> ✓ Stow and secure all loose items before sailing ✓ Heavy items stored at low level ✓ Check your area in heavy weather
8	Electrical hazards	Faulty wiring, damaged cables, overloaded sockets. Electric shock, burns.	<ul style="list-style-type: none"> ✓ Report defective plugs and cables immediately ✓ Do not overload sockets ✓ Take faulty equipment out of service

#	HAZARD	WHAT CAN HAPPEN	WHAT YOU DO
9	Hazardous substances	Cleaning chemicals, solvents. Skin irritation, breathing problems.	<ul style="list-style-type: none"> ✓ Gloves and eye protection when using chemicals ✓ Read the label before you use it ✓ Ventilate the area properly
10	Weather exposure	Extreme heat or cold during outdoor duties. Heat stroke, hypothermia, sunburn.	<ul style="list-style-type: none"> ✓ Drink water regularly ✓ Wear climate-appropriate PPE ✓ Take rest in shaded or sheltered areas
11	Asbestos	Old ships may contain asbestos. Breathing it causes serious lung disease.	<ul style="list-style-type: none"> ✓ Do not disturb anything suspicious ✓ Report immediately and stay away ✓ Ask the vessel Master about known locations
12	Noise exposure	Engines, generators, machinery. Hearing damage over time.	<ul style="list-style-type: none"> ✓ Wear hearing protection in loud areas ✓ Limit your time in high-noise zones ✓ Report if noise seems excessive
13	Verbal abuse or assault	Confrontation with client crew. Intimidation, physical violence.	<ul style="list-style-type: none"> ✓ Stay calm and de-escalate ✓ Report all incidents to your Team Leader ✓ Zero tolerance – the company will support you
14	Food hygiene	Poor food storage or preparation. Food poisoning, illness.	<ul style="list-style-type: none"> ✓ Check expiry dates ✓ Wash hands before handling food ✓ Report if the galley is not clean

🛑 STOP WORK – YOU HAVE THE RIGHT

If you believe a situation on board is not safe, you must stop and speak up.

No one will be punished for raising a safety concern.

Full risk assessment: SM/HSE/RA/006 – Vessel Routine Operations v1.0

Related SOPs: SM/HSE/PRO/001 – Hazard ID & Risk Assessment | SM/HSE/PRO/002 – Incident & Near-Miss Reporting

Questions? Contact the Group Compliance Director or QHSE Manager

YOUR WATCH. OUR STANDARD.

Assess. Report. Deliver.